

## New 'n Classic Resources at the Mathewson Library

### **SHAMELESS: the ART of Disability - DVD**

Directed by **Bonnie Sherr Klein, National Film Board**  
2006, 71 min 30 s

Art, activism and disability lead to a funny and intimate portrait of five surprising individuals all with disabilities. An inspirational pioneer of women's cinema, *Shameless* marks Klein's return to a career interrupted by a catastrophic stroke in 1987. Always the activist, she now turns the lens on the world of disability culture, and art's power.

Klein gathers these artists for a pyjama party where they take a subversive look at Hollywood stereotypes of people with disabilities. They make a pact to meet a year later at the KicksART Festival to create their own images of disability.

The motley gang of five is tracked across the continent, creating and presenting their multi-faceted self-representations. As each remarkable person is shown, driven by a passion for art and transformation, the everyday complexities and unexpected richness of life with a disability are exposed. Packed with humour and raw energy, it is a revelation of a film: honest, vulnerable and full.

### **The Ties That Bind - DVD**

Directed and written by **John Ritchie National Film Board**, 2006, 94 min

*The Ties That Bind* features Chris Jordan, a spirited 28-year-old man living with multiple disabilities who is fuelled by dreams of independence. His parents set out to create a personal network of caring friends and relatives to support their son in living on his own after they have gone. Their preparations are based on the **Planned Lifetime Advocacy Network** model, a delicate and extraordinary process as covered over three years in the film, with even greater detail in the extras and guides. At [www.tiesthatbind.ca](http://www.tiesthatbind.ca) the Vancouver-based **Plan Institute** is described. The Institute's activities of: training, consultation, research, publications and strategic support including leadership training showing how personal networks, social entrepreneurship and family direction really work. The Institute's mission statement includes: "to reduce the isolation and loneliness of people with disabilities and ensure that the gifts and contributions of all members of a community are welcomed."



Now in the NABIS' Mathewson Library:

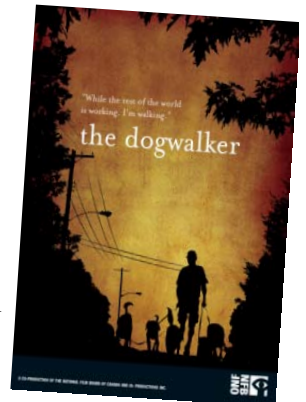
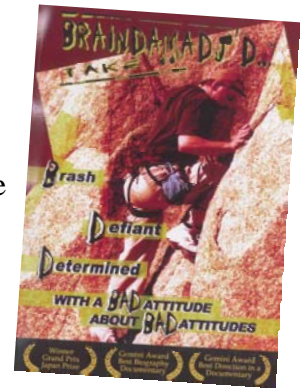
### **Braindamadj'd - DVD**

Ten years ago, Montrealer Paul Nadler at 30 was a creative maverick and hip television director and producer. Then he was found comatose, naked, on a road in Egypt. The doctors said he would never recover from his brain injury.

**Braindamadj'd... Take II** traces the excruciating process of physical and psychological recovery. It features Nadler's sardonic views of recovery, and the observations of key people: his doggedly supportive mother, Vera Nadler- Hébert, his ironic but firm-willed father Arie; and many others. As the brazen film shows, Nadler sets goals that seem physically and psychologically impossible. Never shy, Nadler takes his master's degree in communications, with surprising twists.

Coming soon to NABIS:  
**The Dogwalker - DVD**

Screened to acclaim a half-dozen times in Edmonton, this touching portrait of the impact of brain injury on local Michael Borowski is a **must see**.



### **Books:**

**Starting Over: A Survivor's Guide** by Anthony Aquan-Assee, 2007

**My Glitch** by our very own NABIS News contributor, Tyrone Bell, 2007.

**Courage after Coma** by **Muffy Mathewson** a mainstay portrait of the family journey after brain injury, 1987.

### **New Resources for Professionals:**

Doidge, Dr. Norman. **The Brain that Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science**. New York, N.Y.: Viking, 2007.

Sholberg, McKay Moore and Catherine A. Mateer. **Cognitive Rehabilitation: An Interactive Neuropsychological Approach**. New York, N.Y.: Guilford, 2001.

Dynes, Robin. **Positive Interaction Skills: A Group Therapy Manual**. Oxon, UK: Speechmark, 2004.