

Comment from Ivana Srsen, NABIS Service Coordinator

What does a NABIS Service Coordinator do to help someone like Vicky?
Since I just started here in February, I'm still just learning my roles, but what I find most important for survivors is that they be able to establish some goals. Service Coordinators connect survivors to those in the community who can help them. **We're here to connect!** We refer, empower and support people whose lives are challenged by brain injury. We are a catalyst to link people to the services they need. Call NABIS and get a *fresh spring start!*



Ivana Srsen joined NABIS in Feb 08.

I believe that more good has come out of my accident than bad... A very different Vicky is alive today.

Vicky Spreiter

sad, and it usually makes me feel better; I go to Networks when I feel good to make others feel better.

ways enjoyed photography – I take pictures of things in nature that I find beautiful and do not want to forget. My hope for the book is not only to help inspire other brain injury survivors, but also other individuals that look at life and ask “What’s the point?” My message is: life is not over; there is a reason to keep fighting and trying every day to make your life better. Like I often say, **“Try to see the positive, and always smile, for a smile shared creates many more.”**

On-Site Placement Services gave me the confidence in myself and helped me to believe I can accomplish anything. The **Edmonton Brain Injury Relearning Society - EBIRS** classes taught me important life skills such cooking, organization, various housework, and computer skills. I became



a member of the **Alberta Artists With Brain Injury Society, AABIS**. AABIS has made me realize that I am an artist; I am a poet, a photographer, and a painter. Lastly, working with **NABIS** is helping me understand the process of realizing my life-long dreams of publishing a book.

My main goal at this time is to publish a book about brain injury, life, and spirituality. The book combines two of my passions – poetry and photography. Poetry has helped me work through different aspects of brain injury and life problems. It is almost like a journal that captures the process of my recovery. I have al-

NETWORKS!

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for adult survivors of brain injury

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and ask for **George** or **Jackie**

