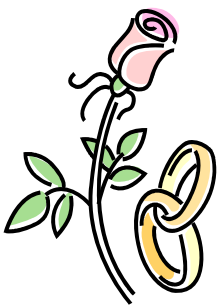


ing.

Lucy went back to Australia to finish her degree but before she left we decided that as soon as I could, I'd be over to Australia for a visit. As this was very important to me, I focused very hard on my recovery, and was doing well, only to suffer a set-back. I was taken by ambulance to the Grey Nuns Hospital in a seizure state. I ended up having seizures on and off for day and a half. It seems I had contracted pneumonia, unnoticed, and this had brought the seizures on. I only spent the one night in hospital but again the staff were excellent.

Nightly phone calls with Lucy helped me regain my focus on my rehab so that I would be able to make the long trip down-under. And so, a little under a year after my accident, I was on my way to **Wollongong, Australia**. Here I volunteered at a brain injury organization called HeadWAY, never straying too far from people who understood what I may be going through and helping people who were going through problems I understood.



To make a long story short, things in Australia went swimmingly and after trips back and forth between the two countries Lucy made me the happiest man on earth and we were married in Berrima, NSW Australia in January 2006.

In the last year I have attended a few more courses at the Glenrose;

**Improving Mood and Self-Esteem Group, Psychosocial Adaptation Group II, and Humour for Healing Group.** All were great groups run by, and attended by, amazing people. It's not often that a person looks forward to going to hospital but many times during my rehabilitation I have honestly been excited to get there.

After an acquired brain injury, I have found that things often seemed hazy and clouded. However, time and rehabilitation help to start to fix these problems. One thing that remains clear to me is that without the help and support of family and friends (new and old), and the incredible various support systems and organizations out there, I wouldn't be where I am today. And for that, I am so very thankful.

*Mark your Calendars...*

**4<sup>th</sup> Annual Brain Injury  
Provincial Conference**



**Research to Practice  
Building New Bridges in Brain Injury**

April 16 to 18<sup>th</sup>, 2009  
Shaw Conference Centre,  
Edmonton AB

For more conference information and details on the call  
for abstracts  
Phone: (780)419-6070 or  
e-mail **Tracy Dalzell-Heise** at:  
ABIC@TL2.ca

**In the News:**

**Edmonton Journal**  
*Sunday, April 27, 2008*  
By Elizabeth Withey  
*Journal Culture Staff,*  
*Edmonton*



At the recent **Alberta Motion Picture Industries Association** 34<sup>th</sup> awards night: Edmonton's National Film Board office won four Rosies, including two for *the Dogwalker*, a documentary about a brain-injured Edmonton man's healing journey walking dogs. *The Dogwalker* won for best documentary over 30 minutes, while Rosie Dransfeld won for best non-fiction director.

NABIS congratulates  
**Michael Borowski and Rosie Dransfeld**  
**We are very proud of your work!**  
*The Dogwalker* can be borrowed from the NABIS library. Phone 479-1757.