



Alberta Caregiver College® is a virtual college dedicated to providing courses to enhance the knowledge and skills of caregivers to provide for their family member.

## Upcoming courses

The Alberta Caregiver College® offers courses for caregivers of brain injury and stroke survivors in the fall and spring. Courses are from **5:00 – 7:00 P.M.** and are held at the Glenrose Rehabilitation Hospital at 10230-111 Avenue, Edmonton.

### Upcoming telehealth course

Six consecutive Tuesdays, **Oct. 16 – Nov. 20, 2007.**

For more information or to register, call the Northern Alberta Brain Injury Society at (780) 479-1757 or E-mail: [nabis@abihelp.org](mailto:nabis@abihelp.org)

## Caregivers of Survivors of Brain Injury and Stroke

There are many issues that caregivers of a brain injury or stroke survivor may have to deal with when caring for their loved one.

### Topics covered

#### Session 1

**Tuesday, October 16, 2007**

Introduction and Overview of the Caregiver College

#### Session 2

**Tuesday, October 23, 2007**

Physiological Aspects of Brain Injury and Stroke (Understanding Brain Injury/Stroke)

#### Session 3

**Tuesday, October 30, 2007**

Functional and Mobility Issues after Brain Injury/Stroke (Physical Rehabilitation)

#### Session 4

**Tuesday, November 6, 2007**

Brain Injury - The Invisible Injury (Cognitive and Emotional Changes)

#### Session 5

**Tuesday, November 13, 2007**

Stress and Coping Following Traumatic Change and Chronic Disability (Caring for the Caregiver)

#### Session 6

**Tuesday, November, 2007**

Community Resources for Caregivers of Individuals with Brain Injury and Stroke (Community Resources)

## Registration Form

Name:

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Address:

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City:

Province:

Postal Code:

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Your Phone:

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Email Address:

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The following questions provide us with information about the person for whom you provide care.

1. Your relationship to the brain injury or stroke survivor:

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2. The Survivor is...

male  female

3. Date of injury:

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4. Type of injury suffered by the survivor:

Traumatic Brain Injury       Vascular  
 Stroke       Other

5. In your opinion, what is the severity of the survivor's injury?

- Mild  
 Moderate  
 Severe

6. How did you hear about this program?

- Regional Stroke Service coordinators  
 Glenrose Stroke Program  
     Inpatient     Outpatient  
 Glenrose Brain Injury Program  
     Inpatient     Outpatient  
 Edmonton Stroke Recovery Association  
 Northern Alberta Brain Injury Society  
 Other (please specify):

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### Please send registration form to:

Northern Alberta Brain Injury Society  
#229, Royal Alex Place, 10106-111 Ave.  
Edmonton, AB T5G 0B4  
Phone: (780) 479-1757  
Toll Free: 1-800-425-5552  
Fax: (780) 474-4415  
Email: [nabis@abihelp.org](mailto:nabis@abihelp.org)